

PHYSICAL EDUCATION CURRICULUM MAP

	Autumn Term		Spring Term		Summer Term	
Year 1	Multi-Skills - ball skills	Invasion Games – uni hoc and Basketball	Invasion games – Football based skills	Fitness - Cross country	Net and Wall Games - Tennis	Striking and Fielding – Cricket
	Dance	Gym	Yoga	Fencing/Archery	Athletics	Athletics
Year 2	Multi-Skills - ball skills	Invasion Games – uni hoc and Basketball	Invasion games – Football based skills	Fitness - Cross country	Net and Wall Games - Tennis	Striking and Fielding – Cricket
	Dance	Gym	Yoga	Fencing/Archery	Athletics	Athletics
Year three & four cycle A	Invasion Games –Tag Rugby	Invasion Games – uni hoc	O & A Activities – Team Building	Net and Wall Games – Badminton Fencing and Archery	Invasion Games – Ultimate frisbee	Striking and Fielding – Rounders
	Gym	Dance	Cross Country/ Fitness	Yoga/Pilates	Athletics	Athletics
Year three & four cycle B	Invasion Games – Football/Handb all	Invasion Games – Basketball	O & A Activities – Team Building	Net and Wall Games - Tennis	Striking and Fielding – Danish Longball	Striking and Fielding - Cricket
	Gym	Dance	Cross Country/ Fitness	Striking and Fielding – Tri-golf	Athletics	Athletics
Year five & six cycle A	Invasion Games –Tag Rugby	Invasion Games – uni hoc	O & A Activities – Team Building	Net and Wall Games – Badminton Fencing and Archery	Invasion Games – Ultimate frisbee	Striking and Fielding – Rounders
	Gym	Dance	Cross Country/ Fitness	Yoga/Pilates	Athletics	Athletics
Year five & six cycle B	Invasion Games – Football & Handball	Invasion Games – Basketball	O & A Activities – Team Building	Net and Wall Games - Tennis	Striking and Fielding – Danish Longball	Striking and Fielding - Cricket
	Gym	Dance	Cross Country/ Fitness	Striking and Fielding – Tri-golf	Athletics	Athletics